



STAND: Buckle Up, This Is War (Ephesians 6:10-20)

#9 in the series, The Game of LIFE: Ephesians Edition

November 8, 2009

War Facts

1. Our enemies are powerful, wicked and cunning (6:10-12).
2. Our goal is to stand victoriously (6:13).
3. Our strategy is to apply God's power by fighting in his armor (6:14-18).
 - honesty & integrity
 - godly character
 - readiness to share the gospel
 - faith and reliance on God
 - confident of salvation's benefits
 - agility with the Bible
 - prayer

War Plans

1. Don't ever drop your guard.
2. Remember that behind every physical battle is a spiritual one.
3. Prepare for the battle before the battle.
4. Fight from the power of God not the power of you.
5. You are in a war, so engage wholeheartedly.

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Getting to Know Each Other

1. When it comes to competition or a battle, what movie or TV character best exemplifies your personality?

Getting Started

2. Have you had any experience being afraid of "spirits" or "boogie men" or "ghosts" (there are no ghosts; people die and their spirits go to heaven or hell)? What is the root of your "fear"?
3. Do you think most people truly believe there are spirits or beings that exist in the "heavenly realms," the invisible places of our world? What are some common thoughts? Do you believe in these beings and powers?

Digging Deeper

4. Why do you think Paul would put this discussion where he did in this letter?
5. How real do the enemies and the spiritual battle seem to Paul? What does this tell you about the spiritual realities in our world?
6. How have things like the over-sensationalized drama of movies and the oddness of some movements that focus on things like exorcisms and deliverance impacted your beliefs about this topic?
7. Do a little extra study of the powers of darkness. Look up these verses and discuss what you find: Col. 1:16 (creation of); Col. 2:15, Rom. 8:38, and 1 Peter 3:22 (conquest of); Eph. 3:10 (their learning); 1 Cor. 15:24-25 (destruction of).
8. Which of the six pieces of armor is an offensive weapon? What do you think is the significance of that?
9. What kind of spiritual battles do you fight? What has proven helpful for you?
10. What piece of armor do you need most in your life now?
11. What part does prayer play for you now?